

INTERMEDIATE CARE BEDS

What is Intermediate Care?

Intermediate Care – is the provision of a short period of intensive reablement and rehabilitation for people who do not require ongoing medical input within a hospital, but who need more rehabilitation than can be required at home. You may also be admitted if you require a time limited placement for period of assessment within a homely setting to determine your level of need.

How is it different to other hospital or care home provision?

This is a free short-term service and is a separate provision to permanent care home services.

You will receive the intensive support from a range of community based health professionals in line with the care plan which has been agreed.

You will work with support staff under the direction of health professionals to achieve your rehabilitation goals and to enable you to return to your home or other homely destination.

Care staff will help you practice doing things on your own to support your return home, to support independent living.

Where does Intermediate Care happen?

Intermediate Care beds are provided at Montrose Care Home and Renfrew Care Home. This is a specific service provided separately to the permanent care home places.

What happens when I enter Intermediate Care?

You cannot self-refer to Intermediate Care – you will be identified by those professionals who have been caring for you to make sure you are eligible for this service and that it is right for your needs. There will be an assessment carried out by a professional that will take into account your abilities and needs and preferences.

A plan will be put in place and agreed with you and your family or carers if you wish.

As part of this you will have a planned end date for your stay to work around your care plan

Your move to Intermediate Care might happen quickly – sometimes within a few hours or sometimes within a day.

You can ask questions at any point.

What happens while I am in Intermediate Care Bed?

You'll receive support from a range of professionals to work towards the goals identified in your plan.

The length of your stay will be different for every individual, but usually between 1-4 weeks in Intermediate care.

Your progress will be monitored by a team of professionals who will keep you informed at all stages.

Which types of professionals might be involved in my care?

Depending on your specific needs or medical requirements there could be a wide range of professionals involved in your care. It will usually be provided by teams including nurses, social workers, doctors, occupational therapists, physiotherapists and speech and language therapists. Support staff will also provide daily care in the care homes.

What happens at the end of the Intermediate or Interim Care?

If you need ongoing support, you'll be given a plan for referral to another service(s).

Information about other support available will be provided.

Can I choose to stay in the care home for longer than my care plan accounts for?

No, the Intermediate Care service is a time-limited, short-term service with the aim of having individuals return safely to their own home or another specific homely destination. If you or your family feel that a longer term or permanent care home place is required, that would be assessed and planned for outwith the Intermediate Care service. Any stay longer than what is outlined in the care plan will incur costs.

Support for Carers

You are an unpaid Carer if you provide unpaid support and care for someone who has an illness, disability, mental health problem or addiction and cannot cope without your support. You might not see yourself as a Carer yet you might be helping with everyday tasks such as personal care or emotional support such as helping someone cope with the symptoms of a mental illness. There's a range of support available to help improve your quality of life and to help you continue in your caring role.

Contact Renfrewshire Carers Centre by email enquiries@renfrewshirecarers.org.uk or by phone on 0141 887 3643